

Herb Prep 101

What you will learn:

- Various modalities of preparing herbs including essential oils, tinctures, the basics of making herbal teas, decoctions, and infusions, as well as, how to use herbs in poultices, liniments, lip balm and ointments!
- History of the herbal apothecary
- Instructions
- Go home with two containers of ointments, bottle of liniment or five lip balms
- The knowledge to go forward in the exciting world of herbs!

Available Items:

- We will have **kits available** for making **ointments or lip balms** at home. The cost for these is \$35 each or both for \$50. They include everything needed to make your own products at home. (instructions, recipe, moisturizing and healing oil blend, beeswax, botanicals, oils for adding fragrance or flavoring, labels and containers. This is **for the serious connoisseur of herbs!**
- A 10% purchase discount on ANY regular in-stock products you want to buy that day.

What to bring: For this class you need to bring rubber gloves and an apron.

Course prerequisites are:

- We will be working with hot oils, which can be potentially dangerous, so we ask that **no pets** or **small children** come unless there is someone to take care of them during process in another room.
- Prepayment in full for the course

Cancellations: If you cannot make it to your class please be kind enough to let us know 48 hours in advance so we may have your spot available for another! No refunds for no-shows and late cancellations.

Cost: \$35 per person. Please [contact us](#) with any questions. There are 10 spaces available per class. Registration and fees are required before classes start.

Locations: [Contact us](#) for locations and times available. Let us know if you would like to set up a class!